DO CLINICIANS OVERLOOK DENIAL OF PREGNANCY IN CLASSIFICATION SYSTEMS?

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GENERAL OUTLINE

1. Background
2. Objective and Hypothesis
3. Subjects and Methods
6. Results
7. Conclusion

BACKGROUND

Pregnancy Denial

Lack of awareness of *being pregnant*

during the first 20 weeks or more of gestation

Other Clinical Features

➢ Minor or no changes in body weight and waist size
➢ No perception of fetus movements
➢ No or minor pregnancy symptoms
➢ In some instances, periods are normal

BACKGROUND

Overall Estimated Prevalence

➢ 1 in 475 pregnancies (211/100 K) (2.11‰)

➢ Full denial 1/2500 (40/100 K) (0.40‰)

(Wessel and Buscher, 2002)

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Consequences

Inadequate prenatal care
- ➢ poor nutrition
- ➢ fetal abuse
- ➢ unattended or precipitous delivery

Neonatal risks
- ➢ prematurity
- ➢ low birth weight
- ➢ small for gestational age

(Neifert and Bourgois, 2000)

Classification Systems

DSM

Human gender and sexuality disorders at the center of attention

New System Covers "PERIPARTUM ONSET Specifiers ", not Only Postpartum

- Premenstrual Dysphoric Disorder: Now moved to the main body of the manual. Criteria not changed from those that appeared in DSM-IV Dr.Nazan Aydın-Denial of Pregnancy

Classification Systems
ICD

□ F53 Mental and behavioural disorders associated with the puerperium,

not elsewhere classified

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HYPOTHESIS:

Contrary to popular belief, women who fail to recognize their pregnancy before delivery are not lying or are not mostly severely psychotic

OBJECTIVE:

Determine 1 year prevalance of denial of pregnancy and risk factors in Erzurum province

Duration
  January 1, 2013 - January 1, 2014

Setting
 All institutions with deliveries were included

Tools
Socio-demographic data form

The Structured Clinical Interview for DSM-IV (SCID-I)

PRELIMINARY RESULTS (FIRST 5 MONTHS)

Prevalance of Pregnancy Denial: 7/4901 (143/100 K) (1.43‰)

Full denial: 1/4901 (20/100 K) (0.20‰)

Socio-demographic Features

Age	Education	# of Child	Occupation	Maritial Status	Income
30	High	1	**Health technician**	Married	Medium
38	Primary	5	Housewife	Married	Medium
39	Primary	4	Housewife	Married	Medium
39	Primary	3	Housewife	Married	Medium
32	Primary	2	Housewife	Married	Low
32	Illiterate	3	**Hospital aid**	Married	Low
19	Iliterate	1	-	Single	Low

Birth Related Features

Awareness Time (wk)	Delivery type	Birth Weight (g)	Delivery time (wk)	Denial Frequency
20	vaginal	3650	40	1.
28	c/s	2800	40	1.
20	c/s	2750	38	2.
26	c/s	2500	36	1.
24	c/s	3100	40	1.
34	c/s	Ongoing		1.
38	c/s	Unknown	38	1.

PRELIMINARY RESULTS(FIRST FIVE MONTHS)

Possible Cause for Denial	SCID Diagnosis
Menstrual bleeding, GIS complaints	Anxiety Disorder
Lactation period	None
Menstrual bleeding	None
Amennorhea due to stress (Husband Cancer)	Postpartum Anxiety Disorder
Gynecological infection	OCD
Irreguler menstruation, Past amenorrehea	Depression history in the past
Menstrual bleeding	Mild Mental Retardation

CONCLUSION

✓ Pregnancy denial is not rare as supposed

✓ Most of them are not psychotic or concealing

✓ Denial of pregnancy should be taken into classification systems in order to facilitate awareness and prevent unwanted consequences

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Σας ευχαριστώ για την προσοχή σας

Thank you for your attention

İlginiz için teşekkürler